

MEMORANDUM

TO: ECU Faculty and Staff
FROM: Dr. Brandon A. Frye, Ph.D.
DATE: August 8, 2023
SUBJ: Student Affairs Communications to Campus (Mental Health, Well-Being, and Student Support Services)

Dear ECU Faculty and Staff,

We are a week away from Move-in for the fall 2023 semester and fewer than two weeks away from the start of classes. The Division of Student Affairs is excited about the year ahead and wants to share a few things that may be of special interest to you.

This is the first of three communications from Student Affairs to campus (Aug. 8-10) where we will share some important information related to the start of the fall.

As we know, mental health and well-being is an on-going crisis on college campuses nationwide. ECU students are not immune to those challenges. As part of the overall plan to help our students be successful, ECU offers several resources and services which will support them along the way. This communication shares information about the mental health, well-being, and student support services available in Student Affairs. We will have additional messages on August 9 focusing on Student Engagement and August 10 focusing on campus employee benefits available within the Division of Student Affairs for all faculty and staff.

Included in this communication is information with website links related to:

- ECU Well-Being Collective
- Center for Counseling and Student Development
- Office of Student Rights and Responsibilities
- Dean of Students / ECU CARES
- Disability Support Services

Also, attached is a Faculty and Staff Resource Guide which has a list of key student support services offices with phone numbers. Please feel free to explore these offices/departments and help students to access them.

Well-Being Collective

The University Well-Being Collective is an advocacy team and workgroup consisting of well-being subject matter experts and stakeholders from various ECU divisions. The group will plan and communicate throughout the year about ways to advocate for student, faculty, and staff well-being. You can find information regarding the #YouMatterECU Campaign and resources for mental health & stress management online. The group continues to support BetterYou, the healthy habits companion app, which is free for students & employees. Learn more at <https://well-being.ecu.edu/>

#YOUMATTERECU
THERE IS HOPE. THERE IS HELP.

Counseling Center

The ECU Center for Counseling and Student Development (CCSD) provides brief [individual and group therapy](#) at no additional cost to enrolled students who have paid the health services fee. Crisis services are available 24/7, 365 days per year by calling 252-328-6661 (select Option 2 if after hours).

CCSD also offers a variety of services and support features including urgent support services, substance use counseling, [teletherapy](#) and numerous 24/7 counseling resources. Visit the [counseling center website](#) to learn more.

The Counseling Center along with Student Health Services also offers Integrative Behavioral Health Care (IBHC). IBHC is where Primary Care Providers (PCP) and Behavioral Health Clinicians (BHC) partner together to provide you with high-quality, patient-centered care that meets your medical and behavioral health needs. [Click here to learn more about Integrative Behavioral Health Services.](#)

The Counseling Center is connected with other campus resources to provide support to our students too. [Learn more about the PASS Clinic, Family Therapy Clinic, and McClammy Counseling and Research Lab.](#)

Office of Student Rights and Responsibilities

Here is a list of resources available to faculty and staff on various topics related to student behavior inside and outside of the classroom as well as educational and engagement opportunities with the Office of Student Rights and Responsibilities (OSRR). [For more information about OSRR, please visit the website.](#)

- [Code of Conduct, Academic Integrity, Classroom, and Rights and Responsibilities](#)
- [Disruptive Academic Behavior Policy](#)
- [Academic Integrity Violation or How to report a code of conduct violation](#)
- [Requesting a presentation from Student Rights and Responsibilities](#)
- [Interested in joining the ECU Conduct Board](#)

Dean of Students

The Office of the Dean of Students (DOS) offers a combination of in-person and virtual appointments. Students, faculty, and staff can learn more about those services by visiting the [DOS website](#), which includes crisis support, referrals to campus resources, and guiding students through university policies/procedures.

If you are concerned about a student or other individual(s) on campus, please reach out the ECU Cares by completing the [Report a Person of Concern](#) form or visiting the [ECU Cares website](#). You may also contact DOS at 252-328-9297 or dos@ecu.edu.

Disability Support Services (DSS)

The Disability Support Services office provides individuals with disabilities support that will enable them to access programs, services, facilities, and activities of the university and to enhance disability awareness among all constituents of the university. DSS is committed to providing accessible technology and educational resources. [Click here to learn more about DSS services for students, faculty, and staff.](#)

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