



*Drug-Free Schools and Campuses Regulations [Edgar Part 86] Biennial  
Review: Report Periods Spring 2022, Summer 2022, Academic Years  
2022-2023 and 2023-2024*

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*In accordance with The Drug-Free Schools and Campuses Regulations (EDGAR Part 86), pursuant to EDGAR Part 86, all institutions of higher education receiving federal funds or financial assistance must develop and implement a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees. Each institution must conduct a biennial review of the program's effectiveness and the consistency of the enforcement sanctions.*



East Carolina University's Certificate of Review of the 2024 Biennial Review Report (BRR)

I hereby certify that I have reviewed and approve of the 2024 Biennial Review Report (BRR).

Dr. Philip Rogers

Chancellor

Signature

12-3-24

Date

Dr. Brandon Frye

Vice Chancellor for Student Affairs

Signature

12/3/24

Date

**Table of Contents:**

- A. Introduction/Overview.....4
- B. Biennial Review Process.....4
- C. Annual Notification for Drug and Alcohol Abuse Prevention Program.....4
- D. Education and Prevention Efforts for Students.....7
- E. Health Risks Associated with Substance Use.....22
- F. List of Federal and North Carolina Laws/Statutes.....22
- G. List of ECU Policies Related to Substance Use.....22
- H. Annual Security Report Data.....24
- I. Office of Student Rights and Responsibilities Sanction Guidelines.....27
- J. Office of Student Rights and Responsibilities Violation Data.....33
- K. Resources for Substance Use Treatment.....34
  - 1. On-Campus Resources for Students
  - 2. Resources for Employees
  - 3. Off-Campus Resources for Students and Employees
  - 4. Self-Help Resources for Students and Employees
- L. SWOT Analysis of Alcohol and Other Drug Policy and Programs.....39
- M. Goals/Recommendations.....41
  - 1. Goals from 2022 Biennial Review
  - 2. Goals for 2026 Biennial Review
- N. Conclusion and Summary.....44

### **A. Introduction/Overview:**

The Drug-Free Schools and Communities Act of 1989 requires educational institutions to inform students and employees about drug and alcohol use through the Drug and Alcohol Abuse Prevention Program (DAAPP). This program includes notification procedures for students and employees, prevention initiatives, programming details, policy guidelines, health risks associated with substance use, and potential disciplinary actions for alcohol and drug use. Institutions are also mandated to conduct review of the DAAPP's effectiveness, typically completed every even year, covering the previous two academic years. This report is referred to as the Biennial Review Report.

### **B. Biennial Review Process:**

The 2024 review of the Drug and Alcohol Abuse Prevention Program (DAAPP) at East Carolina University (ECU) covers the periods of Spring 2022, Summer 2022, and the academic years 2022-2023 and 2023-2024. Following a recommendation from a consultant during a UNC System training course in June 2023, ECU included the additional semesters of Spring 2022 and Summer 2022 to align with the correct reporting cycle.

The review and SWOT analysis were conducted by the ECU Well-Being Collective and its working groups during November and December 2024. Data were gathered from various ECU offices, including the ECU Police Department, ECU Campus Recreation and Wellness, the ECU Women and Gender Center, ECU Student Health Services, ECU Student Engagement offices, ECU Office of Student Rights and Responsibilities, and the Center for Counseling and Student Development. Information was collected through student satisfaction surveys from various programs, as well as data from the 2023 American College Health Survey Executive Summary.

A copy of the 2024 Biennial Review Report (BRR) is available in the Center for Counseling and Student Development office, and an electronic version can be accessed at [ECU DAAPP](#). Individuals wishing to request a copy of the 2024 BRR can do so by visiting this website or contacting Hillary Liles at 252-328-6661.

### **C. Annual Notification for (DAAPP):**

#### Student Notification:

Notification is sent via email to all ECU students with an active [students@ecu.edu](mailto:students@ecu.edu) email account in September of each calendar year. At the beginning of the spring semester, typically in January after the Drop/Add period for registration, the notification is sent to all newly enrolled students with an active [students@ecu.edu](mailto:students@ecu.edu) email account. Below is the language within the notification:

*“The Drug Free Schools and Campuses Act of 1989: Federal law requires that institutions of higher education provide students and employees with a copy of the written policies and law related to alcohol and illicit drugs.*

*East Carolina University clearly prohibits the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as a part of any of its activities.*

*To obtain information on applicable laws, the health risks associated with drug and alcohol use, available resources, and University Substance Use Policies for students and/or employees, please use the listed links below. If you would like to review a complete copy of the Drug and Alcohol Abuse Prevention Program, visit <https://studentaffairs.ecu.edu/daapp>.”*

**Quick Links for DAAPP components and resources:**

University Polices

Tobacco and Vaping Use on Campus

- [https://policy.ecu.edu/05/20/09#:~:text=\(%22HSC%22\)%3A,2.1.,or%20occupied%20by%20the%20HSC](https://policy.ecu.edu/05/20/09#:~:text=(%22HSC%22)%3A,2.1.,or%20occupied%20by%20the%20HSC).

Illegal Drugs and Substance use

- <https://policy.ecu.edu/05/20/10>

Possession, Consumption and Sale of Alcoholic Beverages

- <https://policy.ecu.edu/01/15/11>

University Alcohol Policy

- <https://policy.ecu.edu/07/30/04>

Athletics Drug Education Screening, Counseling, and Testing Program

- <https://policy.ecu.edu/09/35/02>

University Good Samaritan Regulation (GSR)

- <https://policy.ecu.edu/11/30/02>

ECU Student Conduct Process

- [https://cdn.ecu.edu/docs/prr-uploaded-docs/Student Organization Handbook August%202023.pdf](https://cdn.ecu.edu/docs/prr-uploaded-docs/Student%20Organization%20Handbook%20August%202023.pdf)
- [https://cdn.ecu.edu/docs/prr-uploaded-docs/Student Organization Handbook August%202023.pdf](https://cdn.ecu.edu/docs/prr-uploaded-docs/Student%20Organization%20Handbook%20August%202023.pdf)

Campus Living Housing Contract

- <https://housing.ecu.edu/wp-content/pv-uploads/sites/49/2018/03/2023-2024-Campus-Living-Contract-.pdf>

#### Student Admissions Safety Review

- <https://policy.ecu.edu/11/30/03>

#### Federal and State Drug and Alcohol Laws

- <https://www.ncleg.gov/Sessions/2023/Bills/House/PDF/H563v2.pdf>
- [https://www.ncleg.net/enactedlegislation/statutes/html/byarticle/chapter\\_90/article\\_5.html](https://www.ncleg.net/enactedlegislation/statutes/html/byarticle/chapter_90/article_5.html)
- <https://www.alcoholproblemsandsolutions.org/north-carolina-alcohol-laws-aware/>
- <https://www.fda.gov/news-events/public-health-focus/fda-regulation-cannabis-and-cannabis-derived-products-including-cannabidiol-cbd>
- <https://www.mcqlinchey.com/insights/hemp-industry-2024-state-and-federal-changes/#:~:text=Under%20the%20new%20law%2C%20legal,%2C%20tetrahydrocannabiphorol%2C%20and%20tetrahydrocannabivarin.%E2%80%9D>
- <https://www.congress.gov/bill/116th-congress/house-bill/2411/text>
- [https://www.ncleg.gov/EnactedLegislation/Statutes/PDF/BySection/Chapter\\_14/GS\\_14-313.pdf](https://www.ncleg.gov/EnactedLegislation/Statutes/PDF/BySection/Chapter_14/GS_14-313.pdf)
- [https://codelibrary.amlegal.com/codes/greenvillenc/latest/greenville\\_nc/0-0-0-13033](https://codelibrary.amlegal.com/codes/greenvillenc/latest/greenville_nc/0-0-0-13033)

#### Good Samaritan Law. (Public)

- [https://www.ncleg.net/EnactedLegislation/Statutes/PDF/BySection/Chapter\\_90/GS\\_90-96.2.pdf](https://www.ncleg.net/EnactedLegislation/Statutes/PDF/BySection/Chapter_90/GS_90-96.2.pdf)

#### Health Risks Associated with Substance Use

- <https://www.cdc.gov/alcohol/about-alcohol-use/index.html>
- <https://www.niaaa.nih.gov/alcohols-effects-body>
- <https://www.cdc.gov/persons-who-inject-drugs/about/index.html>
- <https://www.drugabuse.gov/publications/media-guide/science-drug-use-addiction-basics>

#### On and off campus resources

- <https://www.guidanceresources.com/groWeb/login/login.xhtml> (staff only)
- <https://collegiaterecovery.ecu.edu/> (students and staff)
- <https://hfp.ecu.edu/hdfs/family-therapy-clinic/> (students and staff)
- <https://mcclammycounselinglab.wordpress.com/> (students)
- <https://dars.ecu.edu/navigate/> (students and staff)
- <https://psychology.ecu.edu/pass/> (students and staff)
- <https://realcrisis.org/> (students and staff)

- <https://www.trilliumhealthresources.org/> (students and staff)
- <https://counselingcenter.ecu.edu/> (students only)

### **Employee Notification:**

Employees receive an annual email notification through the "ECU OFFICIAL" listserv, containing the same information and related links outlined above, in September. New employees are introduced to the DAAPP during their New Employee Orientation and are required to complete a DocuSign acknowledgment package, which includes notification of the DAAPP and provides electronic acknowledgment.

Newly appointed ECU faculty members receive a copy of the DAAPP via the ECU Faculty Listserv annually in September. The Office of Faculty Excellence facilitates this distribution on behalf of the DAAPP Task Force. Additionally, new faculty members receive the DAAPP notification through the "ECU OFFICIAL" listserv in January of the spring semester, ensuring inclusion of faculty onboarded mid-academic year.

The DAAPP document is continually updated and can be accessed through the following link: [ECU DAAPP](#). This link is refreshed annually as part of the DAAPP's annual updates, and it hosts essential resources related to drug and alcohol abuse prevention.

### **D. Education and Prevention Efforts for Students**

East Carolina University is dedicated to the pursuit and dissemination of knowledge. As such, our University expects members of the academic community to behave in a manner conducive toward that end. The highest standards of personal and professional conduct must be maintained by faculty, staff, and students. Illegal use and/or the misuse use of alcohol and other drugs (AOD) by members of the ECU community adversely affects the mission of the institution. In keeping with its primary mission of education, ECU conducts a strong educational program aimed at the prevention, early intervention, and intervention of alcohol and other drugs.

With grant funds from the Pitt County Alcoholic Beverage Control (ABC) Board, prevention staff at ECU can offer programs and educational materials. ECU has received continuous funding from the Pitt County ABC Board since 2008, using these resources to support events and educational opportunities that promote prevention and harm reduction related to alcohol and other drugs, including support for students in or seeking recovery from substance use. ECU also receives a Federally funded grant through the Department of Health and Human Services to support Collegiate Recovery efforts on campus. ECU has continuously been awarded this grant since 2015. During spring of 2023, ECU CCSD was awarded a one-time grant for prevention efforts through Addiction Professionals of North Carolina. These funds were used towards printed materials for alcohol education and to purchase medication lock boxes.

The AOD prevention efforts engage students in an educational, non-punitive fashion, and encourage active student participation and dialogue in this process. All programs are also targeted at addressing the developmental needs and issues common amongst a college population. Professional staff keep abreast of current AOD trends to provide the most relevant education and treatment. Prevention staff regularly attend local and national conferences/annual meetings through American College Health Association, Southern College Health Association, Association of Recovery in Higher Education, National Association of Student Personnel Administrators, as well as other meetings and conferences that are applicable and financially feasible to attend.

Prevention staff have attended state-wide training courses on the guidelines, standards, and recommendations for production of the Drug and Alcohol Prevention Program (DAAPP) and the Biennial Review Report (BRR).

First-year students receive a sizable percentage of programming efforts, as research has consistently demonstrated that this population is most “at risk” for problems associated with AOD issues. All programs aim to educate students about the risks and issues associated with AOD use that are prevalent on college campuses nationwide, such as violence, sexual violence, overdose, accidents, injuries, health concerns, academic risks, legal ramifications, social norming messages, harm-reduction strategies, and the potential for addiction.

ECU customizes its educational programming to address the specific needs and themes relevant to its campus community, using research data and feedback from student groups.

The enforcement and judicial processes related to AOD infractions are closely aligned with educational and counseling efforts, ensuring a comprehensive response for students found responsible for violating the code of conduct. This report will not detail AOD education conducted in academic courses for credit hours through various departments.

ECU follows the prevention model developed by the Institute of Medicine, which recommends tailoring programs for three distinct populations: universal (all students), selective (students at high risk), and indicated (individuals exhibiting high-risk behavior). Educational programs are designed to target each of these groups through diverse approaches, fostering collaboration among students, faculty, staff, parents, administration, and the local community to effectively deliver prevention messages.

The East Carolina University Collegiate Recovery Community (ECU CRC) is designed to provide educational opportunities, personal development, and social enhancement to students in recovery from substances and to allies that support their journey to a better self. The goal of ECU CRC is to create a welcoming environment for all students at the university and to create a culture within the university that supports abstinence (as defined by student) within a model of a recovery-based system of care. In summer 2022, the CRC was transitioned to the purview of the Campus Recreation and Wellness department and a new Coordinator was hired in



September 2022. The shift in the program was done as a strategic move to increase visibility of the program and opportunities and to maximize participation.

Most AOD programming is coordinated by the ECU Student Affairs Health and Well-Being Unit, which consists of staff from Campus Recreation and Wellness, the Center for Counseling and Student Development, and Student Health Services. The Health and Well-Being Unit was created in Summer 2022. Along with the inception of the Health and Well-Being Unit, the Center for Counseling and Student Development (CCSD) created an AOD Prevention Coordinator position. This position increased the ability for CCSD to partner with other Well-Being Unit offices as well as offices within the larger Student Affairs Division. These partnerships have led to more comprehensive prevention efforts.

The departments under Student Involvement and Leadership also contribute significantly by offering substance-free alternative activities. Collaboratively, departments within the Division of Student Affairs organize a series of programs throughout the year, strategically timed to provide alternatives during periods associated with high-risk alcohol use, such as Halloween and spring break. These programs are actively promoted through AOD education outreach efforts to encourage participation and promote healthy, substance-free social outlets.

Each ECU residence hall hosts a variety of programs throughout the year, focusing on entertainment, education, and opportunities for socialization. Furthermore, "living/learning" communities within the residence halls are designed to foster positive academic and extracurricular choices among students.

### **1. American College Health Survey**

In spring 2023, ECU conducted the ACHA/NCHA college health survey, and 296 students participated. With a response rate, about 6.5%. Unfortunately, the 2023 response rate of 296 students less than optimal.

**Below are some of the most pertinent data:**

Percent (%)	Ever Used			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)	42.9	49.1	40.0	46.4
Alcoholic beverages (beer, wine, liquor, etc.)	69.4	75.9	80.0	73.4
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) <b>[Please report nonmedical use only.]</b>	38.4	51.4	60.0	46.8
Cocaine (coke, crack, etc.)	3.6	5.2	0.0	4.5
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) <b>[Please report nonmedical use only.]</b>	4.5	8.0	0.0	6.5
Methamphetamine (speed, crystal meth, ice, etc.)	0.9	0.0	0.0	0.3
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)	3.6	1.1	0.0	2.0
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Clonopin, Librium, Rohypnol, GHB, etc.) <b>[Please report nonmedical use only.]</b>	8.1	5.7	0.0	6.5
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)	11.6	6.3	20.0	8.5
Heroin	1.8	0.0	0.0	0.7
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone Vicodin), methadone, buprenorphine [Suboxone], etc.) <b>[Please report nonmedical use only.]</b>	3.6	2.3	0.0	2.7

*\*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.*

*Used in the last 3 months			
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
30.4	40.6	0.0	35.8
63.4	70.9	80.0	67.9
24.1	33.7	60.0	30.1
0.9	2.3	0.0	1.7
1.8	2.3	0.0	2.0
0.0	0.0	0.0	0.0
1.8	0.0	0.0	0.7
2.7	1.1	0.0	1.7
4.5	3.4	0.0	3.7
0.9	0.0	0.0	0.3
0.0	0.0	0.0	0.0

#### Substance Specific Involvement Scores (SSIS) from the ASSIST

Percent (%)	*Moderate risk use of the substance			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Tobacco or nicotine delivery products	25.9	26.9	0.0	26.0
Alcoholic beverages	10.7	13.7	0.0	12.2
Cannabis (nonmedical use)	22.3	24.0	60.0	23.6
Cocaine	0.0	1.1	0.0	0.7
Prescription stimulants (nonmedical use)	0.9	0.6	0.0	0.7
Methamphetamine	0.0	0.0	0.0	0.0
Inhalants	0.9	0.0	0.0	0.3
Sedatives or Sleeping Pills (nonmedical use)	0.0	0.6	0.0	0.3
Hallucinogens	1.8	0.6	0.0	1.0
Heroin	0.0	0.0	0.0	0.0
Prescription opioids (nonmedical use)	0.0	0.0	0.0	0.0

*\*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.*

*High risk use of the substance			
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
1.8	3.4	0.0	2.7
0.0	1.1	0.0	0.7
0.9	1.1	0.0	1.0
0.9	0.0	0.0	0.3
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.9	0.0	0.0	0.3
0.0	0.0	0.0	0.0

#### Students in Recovery

■ 2.9 % of college students surveyed ( 2.2 % cis men, 3.5 % cis women, and 0.0 % transgender/gender non-conforming) indicated they were in recovery from alcohol or other drug use.

When, if ever, was the last time you:

Percent (%)	Drank Alcohol			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Never	20.5	19.1	20.0	19.5
Within the last 2 weeks	35.7	50.9	0.0	43.7
More than 2 weeks ago but within the last 30 days	17.0	11.0	20.0	13.3
More than 30 days ago but within the last 3 months	8.0	11.0	40.0	10.9
More than 3 months ago but within the last 12 months	14.3	5.8	20.0	9.2
More than 12 months ago	4.5	2.3	0.0	3.4

\*Students were instructed to include medical and non-medical use of cannabis.

Cis Men	Cis Women	*Used Cannabis/Marijuana	
		Trans/ Gender Non- conforming	Total
57.1	42.5	40.0	47.6
14.3	21.3	20.0	18.4
2.7	5.7	20.0	4.8
7.1	5.7	20.0	6.5
12.5	8.0	0.0	9.9
6.3	16.7	0.0	12.9

### Driving under the influence

- 11.0 % of college students reported driving after having **any alcohol** in the last 30 days.\*  
*\*Only students who reported driving in the last 30 days and drinking alcohol in the last 30 days were asked this question.*
- 33.9 % of college students reported driving within 6 hours of using cannabis/marijuana in the last 30 days.\*  
*\*Only students who reported driving in the last 30 days and using cannabis in the last 30 days were asked this question.*

Source: American College Health Association. American College Health Association-National College Health Assessment III: East Carolina University Executive Summary Spring 2023. Silver Spring, MD: American College Health Association; 2023.

AOD Prevention staff also use data from the University of Michigan Monitoring the Future survey to have a better understanding of the landscape of substance use among high school seniors. Data are also pulled from National Institute of Drug Abuse (NIDA), National Institutes of Health (NIH), American Addiction Centers, Substance Abuse and Mental Health Services Administration (SAMHSA), College Drinking Prevention, Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery (HECAOD), and the Center for Disease Control (CDC). Currently, ECU does not collect data from students or staff that speaks to the attitudes or perceptions of alcohol and drugs use on campus.

Note: This is not an exhaustive list. Every effort is made to ensure that prevention programs are data-driven and back by evidenced-based research.

## 2. Direct Education Outreach Programming

Professional staff members from multiple departments contribute to these programs, including Campus Living, Campus Recreation and Wellness, Center for Counseling and Student Development, ECU Police Department, Fraternity and Sorority Life, Office of Student Rights and Responsibilities, Student Health Services, Women and Gender Center, and the ECU Well-Being Collective. Additionally, Student Well-Being Ambassadors play a vital role in program delivery. Their specific role will be discussed later in this report.

The educational approach is non-judgmental and engaging, focusing on harm reduction and safe decision-making practices. ECU's comprehensive AOD prevention and education program aligns with current best practices in the field, emphasizing interactive and educational programming. Outreach presentations also incorporate resources such as emotional health

counseling and well-being coaching to inform students about available campus support. Additionally, ECU views AOD prevention and education as integral to university resilience and student retention efforts. Recognizing the significant impact of AOD issues on student success, including grade point average, we integrate these considerations into many of our programs.

ECU Well-Being Ambassadors (WBA) are student employees within the Department of Campus Recreation & Wellness. This group of student employees provides a sizable number of programs and events throughout the academic year. WBAs are trained peer health educators and credentialed in peer education as Certified Peer Educators. Their on-boarding process includes trainings provided through the ECU Canvas platform. Special attention is given to collaboration and building campus partnerships. There is a menu of programs that the WBA can present to campus groups. These programs include but are not limited to: Harm Reduction for AOD use, Overdose Prevention, Sexual Violence/Bystander Intervention, Mindfulness, and overall well-being. The WBA are provided with ongoing in-service opportunities by professional staff throughout the academic year as well as trainings based on identified needs.

Currently, prevention staff do not collect data on demographics of students attending programs. A Net Promoter Score (NPS) is collected for large alcohol and other drug education/awareness events. An NPS is a customer experience metric that measures how likely customers are to recommend a company, product, or service to a friend or colleague. Learning objectives may be a part of some programs, however, are not a standard for all events.

Programs offered include, but are not limited to:

- 21st Birthday Project
- #YouMatter Resource fairs
- Alcohol Skills Training Program (ASTP)
- Alternative, non-substance, events
- AOD Presentations to Health 1000
- AOD Presentations to COAD 1000
- AOD Bingo
- AOD Trivia
- AOD training to Resident Advisors
- AOD Education and Prevention for student Athletes
- BASICS

- Coping Skills workshops
- CRC Meet-up
- First Year orientation AOD education
- Halloween Havoc
- Halloween Safety Fair
- Happiness Hours
- Opioid Overdose & Response Training
- Party Like a Pirate Workshop
- Pirate Safety Kits
- Stronger Sails Ally Training
- Sober Tailgating for sporting events
- Safe Spring Break
- Social Norm Campaign
- Transformative Tuesday
- Weekly Social Media Programming

**Net Promoter Scores (NPS)\* for the 3 major Alcohol and Other Drug events.**

**\*Scores are reported on a Fiscal Year (FY) period, NPS was not conducted for all fiscal years during this Biennial Review.**

**Survey question: “How likely are you to recommend [insert name of program] to a friend or colleague? On a scale of 1 to 10, where 1 is not likely at all and 10 is very likely.”**

**Scoring: -100-0= needs improvement, 1-29= good, 30-70=great, and 71-100=excellent**

<b>21<sup>st</sup> Birthday Project</b>	<b>FY 2022</b>	<b>FY 2023</b>	<b>FY 2024</b>
<b>Number of responses</b>	50	103	130
<b>NPS score</b>	38	54	56

Safe Spring Break	FY 2022	FY 2023	FY 2024
Number of responses	No data collected	373	265
NPS score	No data collected	70	70

Halloween Safety	FY 2022	FY 2023	FY 2024
Number of responses	No data collected	No data collected	154
NPS score	No data collected	No data collected	74

Furthermore, ECU provides tailored educational programming for staff and faculty. This includes training on identifying substance use issues in students, general AOD education, recognizing alcohol-related emergencies like alcohol poisoning, understanding the ECU Good Samaritan Regulation/NC Good Samaritan Law, familiarizing with the Student Code of Conduct, and establishing appropriate response and referral protocols when working with students.

**Data from offered programs through the Well-Being Collective (mainly Campus Recreation and Wellness, Center for Counseling and Student Development, and Student Health Services):**

Alcohol and Drug Programming	Spring 2022	Summer 2022	Fall 2022	Spring 2023
Numbers of Programs	7	0	0	6
Number of Participants	465	0	0	218

Alcohol and Drug Programming	Summer 2023	Fall 2023	Spring 2024	Summer 2024
Numbers of Programs	2	27	19	0
Number of Participants	70	1126	529	0

**Attendance from Halloween Alternative Event hosted by ECU Student Engagement:**

	Fall 2022	Fall 2023
Number of students attending Halloween Havoc (alternative Halloween event)	1600	500

**Attendance at Summer orientation alcohol and other drug education session:**

	Summer 2022	Summer 2023	Summer 2024
Number of students attending summer orientation (all attending students participate in AOD education)	3,575	3,746	3,853

In June 2023, ECU partnered with the Pitt County Coalition of Substance Use to receive a donation of naloxone to replenish our supply at Student Health Services. Below is the press release related to this partnership:

***“ECU partners with Pitt County Coalition on Substance Use to assist students with lifesaving medication”***

*GREENVILLE, N.C. (6/6/2023) East Carolina University’s Center for Counseling and Student Development and Student Health Services are partnering with the Pitt County Coalition on Substance Use to provide the lifesaving medication Narcan (generic name naloxone) to*

*students. ECU students have had access to Narcan through Student Health Services Pharmacy since February 2020.*

*Narcan is an opioid antagonist used for complete or partial reversal of opioid overdose. Students who seek Narcan are assisted in a discreet, nonjudgmental manner by going to Student Health Services Pharmacy and asking for a "Pirate Safety Kit." Each kit includes two doses of Narcan as well as other harm reduction resources and written educational materials regarding substance use and treatment.*

*ECU police officers also have access to the medication in case of potential overdose emergencies.*

*ECU is one of dozens of universities across the country providing access to Narcan to its students. Additionally, ECU provides education to students regarding the dangers of opioid use, including signs and symptoms of an opioid overdose as well as how to access Narcan. The university also has a Good Samaritan amnesty regulation that is intended to encourage students to seek medical assistance for a fellow student during a potential overdose emergency.*

*"The Center for Counseling and Student Development and Student Health Services are pleased to partner with the Pitt County Coalition on Substance Use," said Dr. LaNika Wright, associate vice chancellor for health and well-being. "This allows us to continue educating individuals on the risks of substance use as well as the importance of Narcan as a lifesaving medication."*

*The Pitt County Coalition on Substance Use (PCCSU) works to bring about a community in which youth reject substance use, adults utilize low risk choices regarding substance use and treatment services are available to those in need. The coalition provides community training on how to use Narcan and the significance of this lifesaving medication.*

*"PCCSU is excited to develop this partnership with ECU to ensure that resources are available to college students. We are always looking for ways to support and educate the community," said Lillie Malpass, executive director of the Pitt County Coalition on Substance Use.*

*For additional information visit the Center for Counseling and Student Development, Student Health Services or Pitt County Coalition on Substance Use websites.*



**The chart below indicates the number of students accessing Narcan through Student Health Services:**

	<i>Spring 2022</i>	<i>Summer 2022</i>	<i>Fall 2022</i>	<i>Spring 2023</i>
<b>Number of Students</b>	<5	<5	19	17

	<i>Summer 2023</i>	<i>Fall 2023</i>	<i>Spring 2024</i>	<i>Summer 2024</i>
<b>Number of Students</b>	<5	31	30	<5

ECU Student Health Services continues to offer free access to Narcan/Naloxone for students. In Summer 2024, ECU signed a memorandum of agreement with the Pitt County Coalition on Substance Use to obtain a new supply of Naloxone for the upcoming school year, restocking used and expired doses for ECU Police Officers. Additionally, Student Health Services partnered with the on-campus student organization TACO (Team Awareness Combatting Overdose) to increase education to students about overdose symptoms and promote Naloxone access through Student Health Services.

### **3. Passive AOD Information Dissemination**

ECU prevention staff can reach many individuals through an approach other than direct face-to-face programming. These programs deliver AOD education messages broadly through passive print and digital marketing channels such as rack cards, advertisements, blogs, social media posts, digital signage, restroom “stall talks”, and other means deemed necessary and appropriate. Posters were placed in ECU transit buses during the 2023-2024 AY raising awareness on Opioid overdose and on-campus resources for students. These posters continue to run on the ECU Transit buses. Educational materials are located in Well-Being Hubs on Main and Health Sciences Campuses as well as Student Health, Counseling Center, Recreation Centers, and Well-Being offices.

Each October, with the assistance of the ECU Provost and Vice Chancellor for Student Affairs, ECU prevention staff sends letters to educate the campus community about safety concerns related to Halloween, a time of increased nightlife activity and visitors to Greenville. This includes an enhanced police presence. ECU aims to inform students about these changes and emphasize safe choices while adhering to the Student Code of Conduct. Additionally, prevention staff draft a letter to faculty and staff promoting healthy Halloween celebrations and encourage the continuation of regular class activities during this time.

#### **4. Online Education to First Year Students**

In the summer and fall of 2008, ECU began using online alcohol education for all first-year ECU students under the age of twenty-one. This educational opportunity was endorsed and actualized through the Alcohol, Tobacco, and other Drug Committee (ATOD), and financially sponsored by the Pitt County ABC Board and ECU Division of Student Affairs. Online safety modules continue to be a part of education for first-year students. Currently, online education is expected for all first-year students (undergraduate and graduate) regardless of age. Marketing is conducted in the summer and fall for students, families, and faculty/staff to encourage the completion of the online courses. Since its inception, this program has had a high percentage completion rate amongst our first-year students. Notably, for the first fourteen years of the provision of these online modules, first-year students were mandated to complete these safety modules (for Spring semester registration). Since the requirement changed to indicate completion is “expected”, the completion percentage is down. The modules are no longer mandatory due to a reduction in enrollment barriers. Additional modules have since been added to include drug education, sexual assault prevention, intimate partner violence education and prevention, as well as conflict management and overall well-being. Offices on campus also offer online courses with specific education, such as Fraternity and Sorority Life. The evaluation of these programs has consistently found that students increase their knowledge about alcohol and other drugs.

#### **5. Early Intervention Education and Counseling for students**

Enforcement and judicial processes related to alcohol and other drug (AOD) infractions at ECU are integrated with educational and counseling efforts to provide a comprehensive response for students found responsible for violating the Student Code of Conduct. All students involved in AOD offenses are required to participate in education and/or counseling programs facilitated by the Office of Student Rights and Responsibilities, Student Health Services, and the ECU Center for Counseling and Student Development (CCSD).

These interventions aim to educate students about AOD issues, promote harm-reduction principles, and foster healthy decision-making skills. The emphasis is on education and counseling rather than punitive measures. Emotional health assessments are incorporated into these programs to ensure holistic support.

CCSD utilizes evidence-based intervention models such as "Brief Alcohol Screening and Intervention for College Students" (BASICS), which employs motivational interviewing techniques and has been proven effective through research by the National Institutes of Health. CCSD also employs "Cannabis Screening and Intervention for College Students" (CASICS). These interventions are delivered through assessments, individual counseling sessions, and group psychoeducational sessions.

Enrolled ECU students can access self-referred counseling services and treatment at CCSD. Continuous consultation helps determine the appropriate level of care according to the American Society of Addiction Medicine (ASAM) criteria, focusing on short-term treatment models. If a student's needs indicate a higher level of care, such as inpatient or intensive outpatient treatment, longer-term options are recommended through off-campus providers assessed by CCSD's Addiction Specialists. In fall 2022, CCSD onboarded additional clinical staff with the addiction specialist credential which has allowed for more students to seek self-referred, short-term services related to substance use concerns.

In fall 2023, CCSD hired a Mental Health Specialist to work solely with NCAA student athletes at ECU. Having this mental health specialist embedded within the ECU Athletics department has created a better referral system to CCSD Addiction Specialists for students who may be dealing with substance use issues.

ECU students can access online screening tools on the Center for Counseling and Student Development's website. These self-guided screenings, developed by Mental Health America, help students assess potential addictions related to alcohol, drugs, gambling, and self-harm.

In the Greenville, NC area, there are three facility-based crisis programs available for detoxification, typically involving brief inpatient stays. ECU Health provides a behavioral health unit offering brief inpatient psychiatric care. Long-term inpatient substance use disorder treatment options are currently not available on ECU's campus or within Greenville, NC. However, counseling training clinics on campus provide outpatient counseling services to students and staff.

ECU policies outline education and intervention efforts for employees. ECU AOD professionals may provide resources for employee substance use concerns. However, employees cannot be treated at the Center for Counseling and Student Development.

**Data from services provided by ECU Center for Counseling and Student Development:**

**Alcohol Use Disorders Identification Test (AUDIT) Scores by semester\***

	Spring 2022	Summer 2022	Fall 2022	Spring 2023	Summer 2023
Mean	4.4	5.6	4.6	4.3	4.5
Median	2	4	5	3	3
Mode	0	0	0	1	0
Range Score range is (0-40)	0-23	0-14	0-24	0-23	0-21

	Fall 2023	Spring 2024	Summer 2024
Mean	4.2	3.9	4.2
Median	3	3	2
Mode	0	0	0
Range Score range is (0-40)	0-21	0-20	0-27

\*The AUDIT screening tool is administered to primarily students that are referred for CCSD services by the Office of Student Rights and Responsibilities.

**Reported Presenting Problems for students seeking CCSD services by semester**

(Data was extracted from Titanium and Medicat 1 databases.)

	Spring 2022	Summer 2022	Fall 2022	Spring 2023	Summer 2023	Fall 2023	Spring 2024	Summer 2024
<b>Substance Use Presenting concern Percentage*</b>	9% N=655**	14% N=100	6% N=650	8% N=562	12% N=125	10% N=690	3% N=566	3% N=266

\*Percentage of students presenting with substance use concerns as their primary presenting problem.

\*\*N represents the number of completed forms, not the number of students seen.

**CCAPS-62 (Counseling Center Assessment of Psychological Symptoms) scores**

**Alcohol Scale Scores – Initial Distress (scale: 0-4)**

	Spring 2022	Summer 2022	Fall 2022	Spring 2023	Summer 2023
<b>Students attending services at CCSD*</b>	.61**	.61	.58	.63	.69
<b>National comparison</b>	.62	.62	.62	.62	.62

\*Does not include students referred by the conduct office.

\*\*All differences are not considered statistically significant according to Titanium Schedule database and are categorized as “negligible”.

## **E. Health Risks Associated with Substance Use**

[National Institute on Drug Abuse-Commonly Used Drugs Charts](#)

## **F. Statutes/Laws**

[Regulation of Hemp-Derived Consumable Products](#)

[North Carolina Controlled Substances Act.](#)

[NC Alcohol Laws](#)

[FDA Regulation of Cannabis and Cannabis-Derived Products, Including Cannabidiol \(CBD\)](#)

[Federal Tobacco to 21 Act](#)

[NC Tobacco Laws](#)

[Greenville, NC- ALCOHOLIC BEVERAGES; SOCIAL DISTRICTS](#)

## **G. List of ECU Policies included in Drug and Alcohol Abuse Prevention Program:**

[Tobacco and Vaping Use on Campus](#)

[Illegal Drugs and Substance Abuse](#)

[Possession, Consumption and Sale of Alcoholic Beverages](#)

[University Alcohol Policy](#)

[University Good Samaritan Regulation \(GSR\)](#)

[Good Samaritan Law \(Public\) \(PDF\)](#)

[Campus Living Housing Contract \(PDF\)](#)

[Student Admissions Safety Review](#)

[Admissions Safety Committee Procedure](#)

[Athletics Drug Education Screening, Counseling, and Testing Program](#)

[Manteo Community Housing Facility Resident Handbook](#)

ECU Student Conduct Process

- [ECU Student Conduct Process Policy](#)
- [Student Organization Conduct Handbook \(PDF\)](#)

Updates to ECU Policies during this review period:

Policy Name	Revised Yes or No	If yes, when
<a href="#"><u>Tobacco and Vaping Use on Campus</u></a>	No	
<a href="#"><u>Illegal Drugs and Substance Abuse</u></a>	Yes	8/15/2022
<a href="#"><u>University Alcohol Policy</u></a>	Yes	07/25/2022
<a href="#"><u>Possession, Consumption and Sale of Alcoholic Beverages</u></a>	Yes	01/01/2022
<a href="#"><u>University Good Samaritan Regulation (GSR)</u></a>	Yes	10/17/2022
<a href="#"><u>Campus Living Housing Contract (PDF)</u></a>	No	
<a href="#"><u>Student Admissions Safety Review</u></a>	No	
<a href="#"><u>Admissions Safety Committee Procedure</u></a>	Yes	01/01/2022
<a href="#"><u>Athletics Drug Education Screening, Counseling, and Testing Program</u></a>	No	
<a href="#"><u>Manteo Community Housing Facility Resident Handbook</u></a>	No	
<a href="#"><u>ECU Student Conduct Process Policy</u></a>	Yes	06/20/2022
<a href="#"><u>Student Organization Conduct Handbook (PDF)</u></a>	Yes	10/01/2022

H. Annual Security Report data provided by ECU Police Department

2023 Main Campus Arrests

<b>VIOLATION</b>	<b>ON-CAMPUS</b>	<b>STUDENT HOUSING</b>	<b>NONCAMPUS BUILDING OR PROPERTY</b>	<b>PUBLIC PROPERTY</b>
Liquor Law Violations	15	5	0	2
Drug Abuse Violations	63	22	3	11
Illegal Weapons Possession	13	2	0	3

2022 Main Campus Arrests

<b>VIOLATION</b>	<b>ON-CAMPUS</b>	<b>STUDENT HOUSING</b>	<b>NONCAMPUS BUILDING OR PROPERTY</b>	<b>PUBLIC PROPERTY</b>
Liquor Law Violations	21	11	0	7
Drug Abuse Violations	82	32	0	21
Illegal Weapons Possession	7	3	1	2



**2023 Main Campus Disciplinary Referrals**

<b>VIOLATION</b>	<b>ON-CAMPUS</b>	<b>STUDENT HOUSING</b>	<b>NONCAMPUS BUILDING OR PROPERTY</b>	<b>PUBLIC PROPERTY</b>
<b>Liquor Law Violations</b>	287	280	0	0
<b>Drug Abuse Violations</b>	45	29	0	0
<b>Illegal Weapons Possession</b>	8	8	0	1

**2022 Main Campus Disciplinary Referrals**

<b>VIOLATION</b>	<b>ON-CAMPUS</b>	<b>STUDENT HOUSING</b>	<b>NONCAMPUS BUILDING OR PROPERTY</b>	<b>PUBLIC PROPERTY</b>
<b>Liquor Law Violations</b>	280	276	0	0
<b>Drug Abuse Violations</b>	36	33	2	0
<b>Illegal Weapons Possession</b>	1	1	0	0

**Alcohol/Drug and Sexual Assault Awareness programs provided by ECU Police Department\*:**

	<b>01/01/2022-12/31/2022</b>	<b>01/01/2023-12/31/2023</b>	<b>01/01/2024-06/30/2024</b>
<b>Number of Alcohol/Drug and Sexual Assault Awareness Programs</b>	24	25	5

	<b>01/01/2022-12/31/2022</b>	<b>01/01/2023-12/31/2023</b>	<b>01/01/2024-06/30/2024</b>
<b>Approximate Number of attendees (Students, employees, or Greenville community members) for Alcohol/Drug and Sexual Assault Awareness Programs</b>	1,400	1,450	165

\*Data may be duplicated from programming done through the ECU Well-Being Collective. Data reported reflects calendar year reporting type.

## I. Office of Student Rights and Responsibilities (OSRR)- Sanction Guidelines for Students

### Sanction Guidelines

This document is intended to be used by Conduct Administrators as a foundation for sanctioning related to the associated charges. This document was developed after a careful review of code violations seen within the campus community. The purpose of this document is to provide consistent application of sanctions for associated violations but does not consider any mitigating or aggravating factors, which may include a student's prior conduct history.

Student Code of Conduct Violation	Severity of Violation or Recidivism of Violation	Type of Standing	Educational Sanctions. The Conduct Administrator may choose from more than one sanction or determine other appropriate sanctions.
<b>2.1. Alcohol</b>	Level I - first minor violation	Direct Referral (see information on Direct Referral Program)	Direct Referral to ASIP or AOD I (Seminar & Assessment), Possible Parental Notification if under 21
	Level II - second minor violation or more serious first violation	Minimum 4 month of probation	AOD I (Seminar & Assessment), AOD II (Assessment & Counseling), Reflection Paper/Activity, Decision Making Paper, Professional Development Plan, Follow-up Meeting, Parental Notification if under 21
	Level III - third minor violation or a very serious first violation	Minimum 1 year of probation	AOD II (Assessment & Counseling), Reflection Paper/Activity, Follow-up Meeting, Referral to Other Campus Resources, Assessment/Treatment Off-Campus, Responsibility Presentation, Professional Development Plan, Letter to Parents, Parental Notification if under 21
	Level IV – any alcohol violation after student has been sanctioned to Level III	Minimum Deferred Suspension for 2 semesters or Suspension from ECU for a minimum of 1 semester	Assessment and Treatment Off-campus; Parental Notification if under 21., If Suspension: Follow Up Meeting with OSRR Upon Return
	Subsequent violations	Minimum Suspension from ECU for a minimum of 2 semesters or Possible Expulsion from University System	Suspension: Assessment and Treatment Off-Campus, Follow Up Meeting with OSRR Upon Return, Parental Notification if under 21
<b>2.2. Drugs, Drug Paraphernalia, and Other Controlled Substances</b>	Possession of Paraphernalia	<i>See Additional Drugs Sanctions Guidelines</i>	<i>See Additional Drugs Sanctions Guidelines</i>
	Schedule I and II drugs	<i>See Additional Drugs Sanctions Guidelines</i>	<i>See Additional Drugs Sanctions Guidelines</i>
<b>2.2. Drugs, Drug Paraphernalia, and Other Controlled Substances (Continued)</b>	Schedule III through V drugs	<i>See Additional Drugs Sanctions Guidelines</i>	<i>See Additional Drugs Sanctions Guidelines</i>
	Schedule VI drugs	<i>See Additional Drugs Sanctions Guidelines</i>	<i>See Additional Drugs Sanctions Guidelines</i>

Student Code of Conduct Violation	Severity of Violation or Recidivism of Violation	Type of Standing	Educational Sanctions. The Conduct Administrator may choose from more than one sanction or determine other appropriate sanctions.
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<b>2.4. Harassment, Threats, Bullying or Intimidation</b>	Level I – threat without indication that it was to be carried out (plan with minimal clarity); Bullying	Minimum 1 month of probation	MBC, Counseling, Anger Management (CASP), Referral to Campus Resources, Decision-Making Paper, Follow-Up Meeting, Reflection Paper/Activity, Code of Conduct Review, Responsibility Presentation, Professional Development Plan
	Level II - threat without indication that it was to be carried out with aggravating circumstances; second Level I threat violation; harassment; Exploitation; Repeat or Severe Bullying	Minimum 4 months of probation	Counseling, Anger Management (CASP), Referral to Campus Resources, Decision-Making Paper, Follow-Up Meeting, Reflection Paper/Activity, Code of Conduct Review, Responsibility Presentation, Professional Development Plan
<b>2.4. Harassment, Threats, Bullying or Intimidation (Continued)</b>	Level III – threat indicating gross physical harm to individuals or property; third Level I threat violation or any violation after student has been sanctioned to Level II; Severe or Repeat Harassment; Subsequent violations after student had been sanctioned to Level III	Minimum Suspension from ECU for 1 semester. In extreme cases Expulsion from the University System  Expulsion from the University System	<i>If Suspension:</i> Counseling Assessment and Treatment, RESTART (OSRR Only), Follow Up Meeting with OSRR Upon Return
<b>2.5. Hazing</b>	Level I - preparing to engage in hazing	Minimum 1 month of probation	Counseling, Anger Management (CASP), Decision-Making Paper, Follow-Up Meeting, Reflection Paper/Activity, Code of Conduct/Policy Review, Responsibility Presentation, Professional Development Plan, Hazing Module, F/S Values Reflection

Student Code of Conduct Violation	Severity of Violation or Recidivism of Violation	Type of Standing	Educational Sanctions. The Conduct Administrator may choose from more than one sanction or determine other appropriate sanctions.
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2.5. Hazing (Continued)	Level II – engaging in hazing activities actually or potentially resulting in no physical, emotional, or mental harm or property damage; or being a bystander to said activities	Minimum 4 months of probation or Deferred Suspension for 2 semesters	Counseling, Anger Management (CASP), Decision-Making Paper, Follow-Up Meeting, Reflection Paper/Activity, Code of Conduct/Policy Review, Responsibility Presentation, Professional Development Plan, Hazing Module, F/S Values Reflection
	Level III – facilitating or engaging in hazing activities actually or potentially resulting in minor to medium physical, emotional, or mental harm or property damage; Or being a bystander to said activities	Minimum Suspension from ECU for 1 semester. In extreme cases Expulsion from the University System	Counseling, Anger Management (CASP), Decision-Making Paper, Follow-Up Meeting, Reflection Paper/Activity, Code of Conduct/Policy Review, Responsibility Presentation, Professional Development Plan, Hazing Module, F/S Values Reflection, <i>If Suspension: Follow Up Meeting with OSRR Upon Return</i>
	Level IV – engaging in hazing activities actually or potentially resulting in serious physical, emotional or mental harm or property damage; second Level I, II, or III hazing violation; or being a bystander to said activities	Minimum Suspension from ECU for 2 semesters. In extreme cases Expulsion from the University System	Counseling, Anger Management (CASP), Decision-Making Paper, Follow-Up Meeting, Reflection Paper/Activity, Code of Conduct/Policy Review, Responsibility Presentation, Professional Development Plan, Hazing Module, F/S Values Reflection, <i>If Suspension: Follow Up Meeting with OSRR Upon Return</i>
	Second Level IV or subsequent Level I, II, or III hazing violations; or being a bystander to said activities	Expulsion from the University System	
2.6. Weapons	First time violation of possession (depending on the nature of the incident and if the weapon was used or threatened to be used)	Minimum 4 months of probation; Deferred Suspension for 2 semesters; Suspension from ECU for 1 semester; or in extreme cases, Expulsion from	Counseling Assessment, Reflection Paper/Activity, Gun Safety Class, Meeting with Law Enforcement, or Other Campus Resources, <i>If Suspension: Follow Up Meeting with OSRR Upon Return</i>

		the University system. <i>Administrative Suspension may be considered.</i>	
	Subsequent weapons violations after being suspended or any extremely serious first-time violations involving a weapon	Expulsion from the University system. Administrative Suspension may be considered.	

Student Code of Conduct Violation	Severity of Violation or Recidivism of Violation	Type of Standing	Educational Sanctions. The Conduct Administrator may choose from more than one sanction or determine other appropriate sanctions.
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2.7. Disruptive Conduct  2.7. Disruptive Conduct (Continued)	Level I – conduct which minimally interfered with the function of the University or the conduct of others	Minimum 1 month probation	Depending on the nature of the incident, refer to Counseling, Make Better Choices, Career Services, Decision Making Paper, Responsibility Presentation, Follow-up Meeting, or Other Appropriate Campus Resources
	Level II – conduct which moderately interfered with the function of the University or the conduct of others; second Level I violation	Minimum 4 months of probation or Deferred Suspension for 2 semesters	Depending on the nature of the incident, refer to Counseling, Make Better Choices, Career Services, Decision Making Paper, Responsibility Presentation, Follow-up Meeting, or Other Appropriate Campus Resources
	Level III – conduct which substantially interfered with the function of the University or the conduct of others; third Level I violation or second Level II violation	Minimum Suspension from ECU for 1 semester.	Counseling Assessment, Community Service (if appropriate), RESTART (OSRR Only), Follow Up Meeting with OSRR Upon Return
	Subsequent violations after student had been sanctioned to Level III	Expulsion from the University system	

Student Code of Conduct Violation	Severity of Violation or Recidivism of Violation	Type of Standing	Educational Sanctions. The Conduct Administrator may choose from more than one sanction or determine other appropriate sanctions.
<b>2.8. Theft</b>	Amount: < \$250	Probation: 1 semester	General Counseling and Restitution, Decision Making Paper, Reflection Paper/Activity
	\$251 - \$500	Probation: 2 semesters	General Counseling and Restitution, Decision Making Paper, Reflection Paper/Activity
	\$501 - \$1,000	Deferred Suspension: 2 semesters	General Counseling and Restitution, Decision Making Paper, Reflection Paper/Activity
	\$1,001 - \$1,500	Suspension: 1 semester	General Counseling and Restitution, Community Service (if appropriate)
	\$1,501 - \$2,500	Suspension: 2 semesters	General Counseling and Restitution, Community Service (if appropriate)
	\$2,501 - \$5,000	Suspension: 3 semesters	General Counseling and Restitution, Community Service (if appropriate)
<b>2.9. Vandalism or Defacement</b>	Amount: < \$250	Probation: 1 semester	General Counseling and Restitution, Decision Making Paper, Reflection Paper/Activity, Responsibility Presentation
	\$251 - \$750	Probation: 2 semesters	General Counseling and Restitution, Decision Making Paper, Reflection Paper/Activity, Responsibility Presentation
	\$751 - \$1,500	Deferred suspension: 2 semesters	General Counseling and Restitution, Decision Making Paper, Reflection Paper/Activity, Responsibility Presentation
	\$1,501 - \$3,000	Suspension: 1 semester	General Counseling and Restitution, Community Service (if appropriate)
	\$3,000	Suspension: 2 semesters	General Counseling and Restitution, Community Service (if appropriate)
<b>2.10. Trespassing and Unauthorized Use of Property</b>	Level I – trespassing and unauthorized use of property with minimal impact on community (entering halls unescorted; No FL for being bathroom)	Warning	Make Better Choices, General Counseling, Code of Conduct/Policy Review
	Level II – trespassing and unauthorized use of property with moderate impact on community; second Level I violation	Minimum 4 months of probation	Make Better Choices, General Counseling, Code of Conduct/Policy Review, Decision Making Paper, Reflection Paper/Activity
	Level III – trespassing and unauthorized use of property with substantial impact on community; third Level I violation or second Level II violation	Minimum Suspension from ECU for 1 semester	Counseling Assessment, RESTART (OSRR Only), Follow-Up Meeting with OSRR Upon Return
<b>2.10. Trespassing and Unauthorized Use of Property (Continued)</b>	Subsequent violations after student had been sanctioned to Level III	Expulsion from the University System	

Student Code of Conduct Violation	Severity of Violation or Recidivism of Violation	Type of Standing	Educational Sanctions. The Conduct Administrator may choose from more than one sanction or determine other appropriate sanctions.
<b>2.13. Gambling</b>	Level I – gambling with minimal impact on community	Warning	Make Better Choices, General Counseling, Decision Making Paper, Code of Conduct Review, Reflection Paper/Activity
	Level II – gambling with moderate impact on community; second Level I violation	Minimum 4 months of probation	Make Better Choices, General Counseling, Decision Making Paper, Code of Conduct Review, Reflection Paper/Activity
	Level III – gambling with substantial impact on community; third Level I violation or second Level II violation	Minimum Suspension from ECU for 1 semester	Counseling Assessment, RESTART (OSRR Only), Follow-Up Meeting with OSRR Upon Return
	Subsequent violations after student had been sanctioned to Level III	Expulsion from the University system	
<b>2.13. Gambling (Continued)</b>	Level I – hindering the process with minimal impact on community	Minimum 1 month of probation	Make Better Choices, General Counseling, Decision Making Paper, Code of Conduct Review, Reflection Paper/Activity
	Level II – hindering the process with moderate impact on community; second Level I violation	Minimum 4 months of probation	Make Better Choices, General Counseling, Decision Making Paper, Code of Conduct Review, Reflection Paper/Activity, Follow-up Meeting, Referral to Campus Resources, Responsibility Presentation
	Level III – hindering process with substantial impact on community; third Level I or second Level II violation	Minimum Suspension from ECU for 1 semester	Counseling Assessment, RESTART (OSRR Only), Follow-Up Meeting with OSRR Upon Return
	Subsequent violations after student had been sanctioned to Level III	Expulsion from the University system in extreme cases	
<b>2.14. Hindering the University Conduct Process</b>	Level I – hindering the process with minimal impact on community	Minimum 1 month of probation	Make Better Choices, General Counseling, Decision Making Paper, Code of Conduct Review, Reflection Paper/Activity
	Level II – hindering the process with moderate impact on community; second Level I violation	Minimum 4 months of probation	Make Better Choices, General Counseling, Decision Making Paper, Code of Conduct Review, Reflection Paper/Activity, Follow-up Meeting, Referral to Campus Resources, Responsibility Presentation
	Level III – hindering process with substantial impact on community; third Level I or second Level II violation	Minimum Suspension from ECU for 1 semester	Counseling Assessment, RESTART (OSRR Only), Follow-Up Meeting with OSRR Upon Return
	Subsequent violations after student had been sanctioned to Level III	Expulsion from the University system in extreme cases	



Student Code of Conduct Violation	Severity of Violation or Recidivism of Violation	Type of Standing	Educational Sanctions. The Conduct Administrator may choose from more than one sanction or determine other appropriate sanctions.
<b>2.15. Violation of University Policies</b>	Level I – violation with minimal impact on community	Warning	Make Better Choices, General Counseling, Decision Making Paper, Code of Conduct/Policy Review, Reflection Paper/Activity
<b>2.15. Violation of University Policies (Continued)</b>	Level II – violation with moderate impact on community; second same policy Level I violation	Minimum 1 month of probation	Make Better Choices, General Counseling, Decision Making Paper, Code of Conduct Review, Reflection Paper/Activity, Follow-up Meeting, Responsibility Presentation
	Level III – violation with substantial impact on community; third same policy Level I or Level II violation	Minimum 4 months of probation	Make Better Choices, General Counseling, Decision Making Paper, Code of Conduct Review, Reflection Paper/Activity, Follow-up Meeting, Referral to Campus Resources, Responsibility Presentation
	Level IV – violation with significant impact on community; fourth same policy Level I, third Level II, or second Level III violation	Minimum Suspension from ECU for 1 semester. In extreme cases Expulsion from the University System	Counseling Assessment, RESTART (OSRR Only), Follow-Up Meeting with OSRR Upon Return

- For 2.1 and 2.2 MBC can only be assigned if the student was not actively engaged in possessing or consuming alcohol or drugs.
- For 2.1 and 2.2 the level of BASICS assigned is based on the nature of the incident and the developmental needs of the student.

Revised July 2022



**J. Office of Student Rights and Responsibilities Violation Data**

ECU actively engages in enforcement efforts pertaining to the illegal use of alcohol and other drugs. The ECU Police Department patrols all campus properties and surrounding areas, which includes residence halls. Additionally, ECU collaborates actively, and through reciprocal agreements, with local law enforcement and judicial entities to address the state and federal laws pertaining to alcohol and other drugs. The local departments that ECU works closely with regarding AOD laws are: Greenville Police Department, Alcohol Law Enforcement (ALE), Alcohol Beverage Control (ABC), Pitt County District Attorney’s Office, and The City of Greenville. Information is often shared with OSRR and in return OSRR adjudicates each student case based upon accepted federal and Institutions for Higher Education guidelines. The ECU OSRR office does parental notification for AOD cases. Additionally, local attorneys refer students to education and counseling as well as favorable court disposition.

The vast majority of students who are cited for an alcohol or other drug violation complete an educational intervention or counseling program (such as BASICS, referenced earlier in this report).

**The following numbers are students “found responsible” by the Office of Student Rights and Responsibilities during this Biennial reporting period:**

VIOLATION TYPE	Spring 2022	Summer 2022	2022-2023 AY	Summer 2023	2023-2024 AY	Summer 2024
2.1 Alcohol	109	6	141	7	110	4
2.2 Drug	69	0	107	2	81	0

	Spring 2022	Summer 2022	2022-2023 AY	Summer 2023	2023-2024 AY	Summer 2024
Students found responsible for 2.1 alcohol and 2.9 vandalism, in combination	4	0	3	0	5	0

	Spring 2022	Summer 2022	2022-2023 AY	Summer 2023	2023-2024 AY	Summer 2024
Students who used <i>Good Samaritan Regulation/Amnesty</i>	<3	0	<3	0	6	0

**Student Fatalities:**

During this reporting period, less than 5 fatalities with the cause of death related to substance use were reported to ECU officials. These data were provided by the ECU Dean of Students Office.

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**K. Resources for Students and Employees**

**1. On-Campus Resources for Students**

- Campus Recreation and Wellness  
252-328-6387, <https://crw.ecu.edu/>
- Center for Counseling and Student Development  
137 Umstead Hall  
252-328-6661, <https://counselingcenter.ecu.edu/>
- Collegiate Recovery Community/ECU Recovery  
<https://collegiaterecovery.ecu.edu/>
- Office and Student Rights and Responsibilities  
364 Wright Building  
252-328-6824, <https://osrr.ecu.edu/contact-us/>
- Student Engagement  
Main Campus Student Center

252-737-1808, <https://studentengagement.ecu.edu/>

- Student Health Services

252-328-6841, <https://studenthealth.ecu.edu/>

## 2. Resources for Employees

ECU Faculty and Staff Assistance Program (FASAP): the information below was taken from the ECU Human Resources webpage.

<https://humanresources.ecu.edu/employee-relations/faculty-and-staff-assistance-program/>

*[GuidanceResources Online](#) is your one stop for expert information on the issues that matter most to you (relationships, work, school, children, wellness, legal, financial, free time, and more).*

- *Timely articles, Help Sheets, tutorials, streaming videos, and self-assessments*
- *“Ask the Expert” personal responses to your questions*
- *Childcare, elder care, attorney, and financial planner searches*

**Access in your web browser, or download the apps for your mobile device:**

- [GuidanceNow® App](#) in the Apple App Store
- [GuidanceNow® App](#) in the Google Play Store

**How to register on the Guidance Resources website:**

1. *At the home page, click “Register”.*
2. *At the top of the next page, enter the Organization Web ID ECUFASAP and click register again.*
3. *Complete the remainder of the boxes with your desired username and password and other requested information, and then click “Submit”.*
4. *On subsequent visits, use the username and password you established on your first visit to access resources.*

### **CONNECT WITH A HEADSPACE CARE BEHAVIORAL HEALTH COACH IN A MATTER OF SECONDS**

Headspace Care coaches are trained professionals with an advanced degree and/or coaching certification. They have at least two years of professional work experience and undergo 200+ hours of specialized training each year. When you use Headspace Care behavioral health coaching, you can expect to receive thoughtful and judgment-free coaching. Your Headspace Care coach will help you map out a plan to reach your goals and stick with you along your journey.

Click [here](#) to find out what a behavioral health coach is.

### **NEED MORE SUPPORT THAN A BEHAVIORAL HEALTH COACH CAN PROVIDE?**

A licensed therapist or psychiatrist can be added to your care team if you need extra support. Therapy and psychiatry sessions are video-based and available evenings and weekends to fit your schedule.

**Note:** If you use Headspace Care Therapy and Psychiatry services, your sessions may be covered under the State Health Plan. Applicable deductibles and copays for an office visit will apply.

### **ACCESS IN-APP CONTENT TAILORED TO YOUR NEEDS**

The Headspace Care Self-Care Library includes self-guided activities, videos, podcasts, classes and more! You can use it in addition to behavioral health coaching and/or therapy/psychiatry, or on its own. View resources anytime and come back frequently as Headspace Care is always adding new content. Self-care resources are designed to help you practice well-being techniques and develop life skills.

#### **Download the Headspace Care App**

[Click here to download for iOS](#)

[Click here to download for Android](#)

In the app, tap “Create account,” then “My Organization.” Then, follow the instructions. You’re all set!

<https://humanresources.ecu.edu/headspacecare/>

Employees are advised to seek information from the Human Resources/Benefits Department regarding leave available to attend long-term treatment. Employees are encouraged to contact Blue Cross/Blue Shield State Health Plan Benefits department to obtain information about specific insurance coverage for Substance Use /Mental Health Treatment.

For more information on NC State Employees Family and Medical Leave Act visit:  
<https://oshr.nc.gov/documents/files/family-and-medical-leave/open>

### 3. Off-campus Resources for Students and Employees

- Trillium Health Resources  
24-Hour Access to Care Line 1.877.685.2415 (Toll Free)  
<https://www.trilliumhealthresources.org/>
- REAL Crisis  
A non-profit agency offering free 24/7 counseling and an extensive referral service.  
252-758-4357, <http://realcrisis.org/>
- SAMHSA  
<https://www.samhsa.gov/find-treatment>

#### **Rehabilitations Programs:**

**The treatment facilities are listed only as options and are not affiliated with ECU in any way. ECU does not endorse the facilities in any way. The best way to determine the best fit for your treatment needs is to contact the agencies to gather more information.**

- GRC - Greenville Recovery Center-Outpatient  
622 South Memorial Dr. Greenville NC 27834 Phone: (252) 353-2555  
<http://www.methadonetreatmentcenters.com/index.html>
- PORT Health  
Multiple outpatient clinics/facility-based crisis centers in and around Greenville, NC and the surrounding areas.  
<https://www.porthhealth.org/treatment/adult-services/alcohol-substance-usetreatment/medication-assisted-therapy>

- Wilmington Treatment Center Addiction Rehab Center and Recovery Hospital  
2520 Troy Dr Wilmington, NC 28401, (833) 490-4606  
<https://www.wilmingtontreatment.com/about/contact/>
- Walter B. Jones Center, Alcohol and Drug Abuse Treatment Centers (ADATCs)  
2577 W. Fifth Street Greenville, N.C. 27834, (252) 830-3426  
[https://openwindow.ncdhhs.gov/index.aspx?pid=rep\\_servicereport&ServiceID=60b5b635-43f2-459a-bf5e-541bd1db9e33&itemsSource=Service&primaryid=8cd0131b-cc70-45f2-937a-804a551db500](https://openwindow.ncdhhs.gov/index.aspx?pid=rep_servicereport&ServiceID=60b5b635-43f2-459a-bf5e-541bd1db9e33&itemsSource=Service&primaryid=8cd0131b-cc70-45f2-937a-804a551db500)
- Fellowship Hall  
5140 Dunstan Road Greensboro, NC 27405, (336) 621-3381  
<https://www.fellowshiphall.com/>
- Red Oak Recovery  
631 Willow Creek Rd Leicester, NC 28748, (886) 457-7426  
<https://www.redoakrecovery.com/>
- Pavilion  
241 Pavillon Place Mill Spring, NC 28756, (828) 694-2300  
<https://www.pavillon.org/>

The link below will take you to a guide of providers for Alcohol and Drug concerns as well as other mental health concerns. You can set the specifications you would like for a provider in the search functions. <https://www.psychologytoday.com/us>

#### **4. Self-Help Groups for Students and Employees**

For the most up to date times and locations for 12 Step Meetings:

- Alcoholics Anonymous-  
<https://www.aa.org/>  
<https://aa-intergroup.org/meetings/>
- Narcotics Anonymous-  
<https://dea-na.org/meetings/>  
<https://www.na.org/>  
<https://ncregion-na.org/>
- AI-ANON-(members are people, just like you, who are worried about someone with a drinking problem.) <https://al-anon.org/>

## L. SWOT Analysis of Alcohol and Other Drug Programs and Policy

### SWOT Analysis- Programs/Interventions

The below SWOT analysis was conducted by: Chelsie Hargrove-ECU Women and Gender Center, Jay Jacobs- ECU Student Health Services, Jordan Jean, Steven Trotter, Jodi Quemelen- ECU Campus Recreation and Wellness, Lauren Thorn- Center for Student Success, and Hillary Liles, Bob Morphet- ECU Center for Counseling and Student Development. Each person is a member of the ECU Well-Being Collective and has a role in programming related to alcohol and other drugs.

<p><b><u>Strengths:</u></b></p> <ul style="list-style-type: none"> <li>• Priority of collaborations between Student Affairs Units as well as Academic Affairs.</li> <li>• Strong relationships with off-campus partners.</li> <li>• Strong marketing and cohesion for programs.</li> <li>• Highly skilled staff developing and implementing programs.</li> <li>• Programs reach a large percentage of student population.</li> <li>• Well-Being efforts are incorporated into academic courses.</li> <li>• Strong support from Student Government on AOD initiatives.</li> </ul>	<p><b><u>Weaknesses:</u></b></p> <ul style="list-style-type: none"> <li>• Off-campus students get fewer interactions than on-campus residents.</li> <li>• Lack of funding for more in-depth programming and staffing needs.</li> <li>• Lack of sober-living options for students.</li> <li>• Deferred maintenance of on-campus facilities.</li> </ul>
<p><b><u>Opportunities:</u></b></p> <ul style="list-style-type: none"> <li>• Investigating potential sober-living options.</li> <li>• Peer-to-peer training for overdose reversal medication distribution.</li> <li>• Intervening earlier with students who have been sanctioned to AOD education and/or counseling.</li> </ul>	<p><b><u>Threats:</u></b></p> <ul style="list-style-type: none"> <li>• Off-campus facilities in large apartment complexes compete with Student Recreation Center services.</li> <li>• Distance education student population creates unique challenges to provide services.</li> <li>• Ever changing trends in alcohol and drug use.</li> <li>• Misinformation being spread to students by social media.</li> <li>• Increased prevalence in Apps that attempt to provide education but aren't as effective as professional staff.</li> </ul>

## SWOT Analysis- Policies/Procedures-

The below SWOT analysis was conducted by: Hillary Liles, AOD Prevention Coordinator and Bob Morphet Associate Director Center for Counseling and Student Development

<p><b><u>Strengths:</u></b></p> <ul style="list-style-type: none"><li>• Comprehensive DAAPP distribution to all areas on campus. This includes initial and on-going distribution throughout the academic year.</li><li>• Collaboration amongst multiple offices when reviewing policies and procedures. This allows for multiple perspectives in the process.</li><li>• Updates to the ECU Good Samaritan Regulation to include drugs.</li></ul>	<p><b><u>Weaknesses:</u></b></p> <ul style="list-style-type: none"><li>• Need for a more centralized location for policies and procedures related to substance use. Currently, the DAAPP is the best identified means to review these policies and procedures.</li></ul>
<p><b><u>Opportunities:</u></b></p> <ul style="list-style-type: none"><li>• Expansion of conduct sanctions with the addition of 3<sup>rd</sup> Millennium Classroom online courses.</li><li>• Expansion of conduct sanctions with the addition of NASPA's 360 Proof personalized feedback tool.</li><li>• Data collection from NASPA's 360 Proof personalized feedback tool will provide another source of data to use when developing programming.</li></ul>	<p><b><u>Threats:</u></b></p> <ul style="list-style-type: none"><li>• Changing trends in alcohol and drug use make it difficult to maintain policies that manage their use, for example hemp derivatives.</li><li>• Decreased efficiency due to prolonged completion of sanctions based on student's motivation and follow through.</li><li>• Increased cost of living leads students to have to work more often to acquire funds for living. This leads to reduced time being available for students to participate in planned programs.</li></ul>



## **M. Goals/Recommendations**

### **1. Goals from 2022 Biennial Review**

Below are the goals set during the 2022 Biennial Review. All goals were met in the last 2.5 years. Summary of the 2022 BRR goals:

***a. Revitalization of the ATOD Committee. This committee has not been active this past semester (Fall 2021).***

In 2023 the ATOD Committee was incorporated into the overall University Well-Being Collective as a working group. This shift was made based on collaboration opportunities with campus partners and with the hope of decreasing duplication of efforts and maximizing resources. At the end of the AY 2022/2023, the results of this shift were positive and a significant increase in partnerships across campus has been noted. The structure of ATOD as a working-group of the University Well-Being Collective will continue to be monitored to ensure that this is the best option long-term. The Director of Well-Being serves as Chair of the ECU Well-Being Collective, and the Center for Counseling and Student Development AOD Prevention Coordinator serves as the Chair of the ATOD working group.

***b. ACHA/NCHA re-assessment as the past attempt had low success rate due to institutional factors.***

This survey asks pertinent questions to our students regarding alcohol and other drug use behavior, amongst other health data. In general, the ACHA/NCHA results reflect that our students use substances at a rate and pattern like national statistics. Alcohol and other Drugs (AOD) educational programming efforts provided to our campus are, in part, driven by data from this research. ECU also collects data in-house on specific programs for effectiveness and student learning. In spring 2023, ECU conducted the ACHA/NCHA college health survey. Unfortunately, the 2023 response rate of 296(6.5%) students was less than optimal.

***c. Provide additional education to peer health educators on campus regarding AOD issues and health coaching.***

The CCSD Prevention Coordinator has met with CRW Well-Being Ambassadors on many occasions to provide training and feedback on a variety of topics and programs. Well-Being Ambassadors receive certification training for Peer Education. Well-Being Ambassadors are also provided the opportunities to attend State and National level conferences to gain education on programming trends related to Health and Well-Being.

***d. Sustain programming in CRC to support students in recovery.***

In summer 2022, the CRC was transitioned to the purview of Campus Recreation and Wellness, and a new Coordinator was hired in September 2022. The shift in the program was a strategic move to increase visibility of the program and opportunities and to maximize participation.

***e. Work to smoothly transition back to full-time, in-person programming as the COVID-19 Pandemic and precautions allow.***

In March 2020, CCSD moved all AOD prevention and intervention services to a virtual format. Operations were altered in a way to continue to serve students on a virtual platform. WebEx was the platform used due to students' ease of access as well as compliance with confidentiality guidelines. Harm reduction and education sessions were conducted for BASICS sanctions. AOD outreach programming was also provided to a variety of student groups and academic classes during the 2021-2022 academic year. AOD services were transitioning to face-to-face delivery in fall 2022, however some of the services remained virtual. In 2023, most AOD prevention programming was done in person. In fall 2024, psychoeducational workshops returned to all in-person service delivery. Individual counseling services are offered based on the preference of the student. Outreach programs- tabling events, presentations, education fairs are offered face-to-face.

***f. Utilize the new role of AOD Prevention Coordinator within CCSD.***

The CCSD AOD Prevention Coordinator is responsible for the provision and coordination of all CCSD prevention activities, including AOD prevention activities and initiatives. This person is the CCSD "point-person" to the Well-Being Collective and the primary liaison to our Division of Student Affairs collaborators and to student groups and organizations. This person does the bulk of CCSD AOD outreach programming to the student population. The CCSD Prevention Coordinator serves on the Pitt County Coalition on Substance Use Executive Board in order to be a vital partner and ally to local area AOD prevention and training efforts. A key aspect of this role is to train and supervise graduate students serving as "counselors in training" at CCSD. These graduate students play a key role in CCSD's early intervention counseling efforts for students who receive an AOD judicial violation. The CCSD AOD Prevention Coordinator is tasked by the University to develop, maintain, and distribute both the Drug Free Schools and Campuses Regulations of the Drug Free Schools and Communities Act (Edgar Part 86) Biennial Review Report (BRR) and the Drug and Alcohol Abuse Prevention Plan (DAAPP).

## 2. 2026 Biennial Review Goals

### Goal : 1

Incorporate the use of personalized feedback assessments in mandated alcohol and other drug psychoeducational seminars.

#### Actions Planned

CCSD Prevention Coordinator will establish relationship with NASPA partners to gain access and implement the personalized feedback assessment, 360 Proof. Alcohol and other drug psychoeducational seminar leaders will facilitate students completing the feedback assessments in each seminar and provide discussion related to students' individualized feedback.

#### Responsible Department(s)

Student Health Services  
Office of Student Rights and Responsibilities  
Center for Counseling and Student Development

### Goal : 2

Increase consultation between professional prevention staff and student Well-Being Ambassadors.

#### Actions Planned

CCSD Prevention Coordinator will serve as consultant for CRW Well-Being Ambassadors to provide feedback and education on topics related to CRW programs. Consultation will occur during planning phases of events and programs. Consultation can occur one on one, in planning meetings, or in regularly scheduled Well-Being Collective working group meetings.

#### Responsible Department(s)

Center for Counseling and Student Development (CCSD)  
Campus Recreation and Wellness (CRW)

### Goal : 3

Integrate 3<sup>rd</sup> Millennium Classroom online alcohol and drug courses into sanctioning guidelines.

#### Actions Planned

The Office of Student Rights and Responsibilities with input from the Center for Counseling and Student Development, will determine ways to incorporate online courses related to alcohol and drugs into the sanctioning process. Students will then complete the online courses assigned during the adjudication process.

#### Responsible Department(s)

Center for Counseling and Student development  
Office of Student Rights and Responsibilities

## **N. Conclusion and Summary**

### **Current data collection practices at ECU:**

ECU currently does not collect data on employee alcohol and drug violations, fatalities, or attendance in substance use counseling programs. However, discussions have begun with the People Operations, Success, and Opportunity (POSO) office to explore data reportability from employees that seek mental health assistance through the Faculty and Staff Assistance Program (FASAP). POSO is a new office at ECU, which may provide opportunities for data sharing and partnerships. Data from alcohol and drug related hospital transports and EMS calls from Campus Living were reviewed but were inconsistent based on a variety of factors. The Center for Counseling and Student Development (CCSD) transitioned to a new electronic health record in July 2023 and is working on data collection and reporting logistics. CCSD administrative staff participate in ongoing communication with Medicat 1 to address reporting needs. Additionally, the Prevention Coordinator has reached out to Aramark to request reports on ECU events that serve alcohol. ECU's next administration of the American College Health Survey will be in Spring 2026. Staff will make all efforts to address the gaps in the above data for the 2026 review reporting.

### **Summary:**

ECU prioritizes education and awareness regarding the risks of alcohol and drug use. The university continuously enhances its Drug and Alcohol Abuse Prevention Program (DAAPP), focusing on raising awareness and promoting safety through educational initiatives and alternative activities. By valuing safety, ECU ensures that students can achieve their educational goals and succeed in their college experience.

The ECU Prevention staff, primarily from the Health and Well-Being Unit within Student Affairs, deliver direct outreach programs to the university community. They collaborate with the ECU Well-Being Collective, which includes representatives from various campus sectors, to promote overall well-being. This partnership enhances resource optimization and reduces program duplication, allowing for more comprehensive programming. Funding for these initiatives remains a priority, with ECU securing support from the Pitt County Alcohol Beverage Control Board, Addiction Professionals of NC, the NC Department of Health and Human Services, and donor funds during this reporting period. The goals outlined in the 2022 Biennial Review Report were fully met, thanks to ongoing collaboration and support from Student Affairs Leadership.

In spring 2023, ECU scaled back certain programs within the CCSD to manage increasing clinical demands, none-the-less significant progress has been made in alcohol and other drug (AOD)

prevention efforts over recent years. These efforts are well-coordinated among prevention, intervention, and enforcement initiatives. Notable new initiatives include the 21st Birthday Project through Campus Recreation and Wellness and AOD programming focused on student leaders to address AOD concerns within student organizations.

As opioids and benzodiazepines have become a greater risk in society and on college campuses, we have structured our programming content to highlight these areas more intentionally and proactively than in previous years. Examples include: Orientation sessions, classroom presentations, BASICS, Fraternity and Sorority Life, Athletics, and staff and faculty education. Realizing that parents and families of students can play an influential role in student behavior, presentations have been given to parents in all CCSD summer Orientation sessions about alcohol-related issues on campus and about our AOD prevention efforts. Additionally, CCSD staff provide consultation to parents and families regarding possible substance use treatment options for students.

ECU has no specific "Prevention Office" (or such similarly titled entity), yet based upon informal comparison with other institutions, ECU offers as much if not more AOD programming due to the coordinated efforts amongst talented staff within the Health and Well-Being Unit and the Division of Student Affairs. There is top-level support for AOD prevention and intervention efforts in the Division of Student Affairs. Partnerships outside of Student Affairs are also a valued asset in programming and education. The 2023 shift of the Alcohol, Tobacco, and Drug (ATOD) Committee into the University Well-Being Collective has enhanced collaboration and reduced program duplication. This strategic shift has also resulted in increased partnerships across campus.

In addition to on-campus collaborations, the Well-Being Collective prioritizes relationships with off-campus partners to provide holistic support for students. This approach also offers additional resources particularly for students living off-campus. Some of the partners include: Pitt County Sheriff Department, Alcoholics Anonymous of Pitt County, Alcohol Law Enforcement, and Pitt County Coalition on Substance Use. These partners vary as areas for resources are identified.

The SWOT analysis of ECU's alcohol and drug policies managed by Student Affairs indicates strong consistency and collaboration in policy creation and implementation. There is a clear desire to update these policies to better serve students and ensure a safe environment for all campus community members. Notable threats include ongoing changes in alcohol and drug use trends and decreased efficiency in AOD sanction completions due to delays in student compliance.

The SWOT analysis of ECU's alcohol and drug programs highlights several strengths and targeted weaknesses; however, they present opportunities. Our staff expertise ensures cutting-edge programming in alcohol and drug prevention. The Collegiate Recovery program has seen increased enrollment, responding to the growing demand for student support. The ECU Well-

Being Collective excels in collaboration, which is uncommon on most campuses, allowing us to partner effectively with both student and academic affairs, despite some staffing limitations. Our passionate and creative prevention staff design engaging and educational events. However, there is an opportunity to develop a sober-living option, as ECU currently lacks this resource. In terms of threats, outside entities attempting to educate students often provide misinformation so it is important that staff continue to share valid and helpful education for students.

In the next review period, in addition to the identified goals, ECU's prevention staff will focus on incorporating additional tools for assessing alcohol and drug use that provide personalized feedback to students. A key objective is to enhance knowledge sharing and collaboration across units to leverage the expertise of the prevention staff effectively. By maximizing their skills and experience, we aim to improve student support and promote a healthier campus environment. In fall 2024 conversation began with the ECU People Operations, Success, and Opportunity department to increase educational offerings to employees regarding substance use and related concerns. The goal is to expand resources in this area during the upcoming academic years.

In summary, safety and education are crucial in addressing concerns related to substance use, as they play a key role in prevention and harm reduction. Educating individuals, especially college students, about the risks and consequences of substance use can help foster informed decision-making and reduce the likelihood of addiction or dangerous behavior. Reducing risks associated with substance use leads to increased ability to achieve academic goals and have a greater return on investment for students. By providing accurate, researched based information and a supportive environment, ECU prevention staff can empower individuals to make choices that protect their overall well-being and contribute to safer communities.

## **End of 2024 Biennial Review Report**