

# Wellness Graduate Assistant (1 or 2 Positions)

## PROGRAM OVERVIEW

Campus Recreation and Wellness at East Carolina University provides the following programs and services for the campus community: wellness, intramural sports, fitness, informal recreation, club sports, adventure leadership programs, summer camps, and special events. Facilities include a state of the art 150,000 square foot Eakin Student Recreation Center; 30,000 square foot Health Sciences Student Center; an 18-acre multi-sport field complex; a team challenge course; and a 129-acre sports complex which includes eight sport fields, a six-acre lake, disc golf course, boathouse, walking/jogging trails, outdoor fitness equipment, sandy beach area, beach volleyball courts, and an Odyssey challenge course.

## THE UNIVERSITY

East Carolina University is a constituent institution of the University of North Carolina System and has an enrollment of over 29,000 students, making it North Carolina's fourth largest institution of higher learning. The main campus is adjacent to uptown Greenville, NC, a city of over 70,000 people. Greenville is the hub of the eastern North Carolina coastal plains and a business, medical, and educational center. It is 80 miles east of Raleigh, the state capital, accessible by highway and nearby airports, and within easy driving distance of coastal resorts.

## REQUIREMENTS FOR CANDIDACY

Bachelor's degree required from an accredited college or university. Preference is given to candidates specializing in Public Health or Health Education. Must possess an academic background which will satisfy the graduate entrance requirements of East Carolina University. Previous experience in public speaking and program planning, assessment, and evaluation desired. Duties will require some weekend or evening hours. Flexible hours are available. Must maintain current driver's license and satisfy university driving standards. CPR certification (or willingness to complete certification within 90 days of hire). Health Coach Certification (ACE, NBC-HWC, or other accredited program) or willingness to complete certification within set time frame

## SCOPE OF POSITION

As a result of this Graduate Assistant position, students will have the opportunity to gain the following core competencies based on the ACPA/NASPA Professional Competency Areas for Student Affairs Practitioners:

- **Advising and Helping:** Addresses the knowledge, skills and attitudes related to providing counseling and advising support, direction, feedback, critique, referral, and guidance to individuals and groups.
- **Personal Foundations:** Involves the knowledge, skills and attitudes needed to maintain emotional, physical, social, environmental, relational, spiritual, and intellectual wellness; be self-directed and self-reflective; maintain excellence and integrity in work; be comfortable with ambiguity; be aware of one's own areas of strength and growth; have a passion for work; and remain curious.

## In a commitment to Diversity, Equity and Inclusion all CRW Graduate Assistants will:

- Actively contribute as a staff member of CRW and Student Involvement and Leadership to uphold the framework of equity and social justice.
- Advocate for awareness, understanding and the diversity and inclusion of all people in CRW facilities, programs and communications while providing a commitment to work effectively with students, faculty, and staff from diverse backgrounds.
- Advocate for the educational and cultural benefits of providing diversity and inclusion in CRW.

## RESPONSIBILITIES

- Coordinate the development, implementation and evaluation of educational experiences for students around well-being.
- Assist in the recruitment, onboarding, development, supervision, and evaluation of well-being attendants, well-being ambassadors, and well-being coaches.
- Collaborate and coordinate various well-being education programs to ECU students located on Main Campus, Health Sciences Campus, Coastal Studies Institute, and distance education.
- Deliver and present on well-being related topics to constituents on and off campus.
- Serve on a work team or as a project manager to one or more well-being related events and programs (i.e. Fresh Check Day, Peace.Love.Pirates.Cure, Pledge Purple, Pleasure Principle, My Pirate Body, 4 What's Next, American Heart Walk, Pirates Versus Cancer, etc)
- Assist with the delivery of instructional programs (i.e ACE Health Coach Training Course).
- Serve as a Well-Being Coach to clients.
- Research, create, and copywrite well-being related content for digital and print media.
- Evaluate data and provide regular reports on all aspects of the well-being program.
- Assist with marketing programs and events.
- Assist with assessment, risk management and technology.
- Work in close cooperation with multi-disciplinary staff within CRW, Student Affairs and the campus community.
- Attend meetings and participate in workshops held by various units in Student Affairs.
- Serve on various committees as assigned.
- Actively seek out and/or create innovative methods to introduce well-being to the campus community

## DATES OF EMPLOYMENT & COMPENSATION

- Expected work dates are August 2, 2021 – May 7, 2022 (excluding all student observed holidays).
- Stipend of \$10,500.00, for 9½ months. Professional development support available. Full In-State Tuition and Student Fees included. Out of state students are responsible for paying the amount of the difference between out of state and in-state tuition. Room and board is the responsibility of the incumbent.
- Additional opportunities are available for summer employment.
- This is typically a 2-year position with a satisfactory evaluation required to continue to second year.
- Position is open until filled. **PRIORITY APPLICATION DEADLINE: JANUARY 4, 2021.**
- Funding for this position is contingent on the continued availability of auxiliary funds.

## APPLICATION PROCESS

To apply for this position please email cover letter, resume, and a list of three professional references to Karen Woodmansee, Assistant Director of Wellness at [woodmanseek19@ecu.edu](mailto:woodmanseek19@ecu.edu) or contact by phone at 252-744-1055.

Federal Law requires proper documentation of identity and employability at the time of employment. It is requested that this documentation be included with your application. East Carolina University is an affirmative action, equal opportunity employer and as such encourages applications from qualified women and minorities.